

# TEEN FALL 2021 PROGRAMMING | GRADES 7 - 12 | OCTOBER 4 - DECEMBER 17

|                            | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|----------------------------|---|---|---|--|---|
| Art & Education            | <b>Bat Mitzvah Club</b><br>5:00 PM - 6:00 PM   Ages 11 - 13<br><br><b>Bar Mitzvah Club</b><br>5:00 PM - 6:15 PM   Ages 12 - 13  | <b>Hebrew School</b><br>4:00 PM - 5:45 PM   8 <sup>th</sup> Grade<br><br><b>Club Z</b><br>6:30 PM - 7:30 PM   9 <sup>th</sup> Grade +   | <div>Interested in Teen Trips?</div> <div>Contact Natasha to learn more</div> <div>Nvalk@moisesafracenter.org<br/>646.481.2915</div>  | <b>Art with Ortal</b><br>4:00 PM - 4:55 PM   All Ages<br><br><b>Homework Club</b><br>4:00 PM - 5:00 PM   8 <sup>th</sup> - 12 <sup>th</sup> Grade  | <b>Art with Ela - Drop In</b><br>1:30 PM - 3:30 PM   All Ages   |
| Culinary                   | <b>Cooking with Chef Frank</b><br>6:00 PM - 7:15 PM   7 <sup>th</sup> Grade   | <b>Cooking with Chef Frank</b><br>6:00 PM - 7:15 PM   8 <sup>th</sup> Grade   |   |  |   |
| Fitness & Sports           | <b>HS Basketball Pick Up</b><br>7:30 PM - 8:30 PM   9 <sup>th</sup> Grade +   | <b>Cardio Dance</b><br>5:00 PM - 6:00 PM   7 <sup>th</sup> & 8 <sup>th</sup> Grade<br><br><b>Teen Cardio Dance</b><br>6:00 PM - 7:00 PM   9 <sup>th</sup> Grade+  | <b>Krav Maga</b><br>6:30 PM - 7:30 PM   9 <sup>th</sup> & 10 <sup>th</sup> Grade  | <b>Boxing</b><br>5:00 PM - 6:00 PM   8 <sup>th</sup> Grade<br><br><b>Basketball Training</b><br>5:00 PM - 6:00 PM   8 <sup>th</sup> Grade <i>Girls</i><br>6:00 PM - 7:00 PM   8 <sup>th</sup> Grade <i>Boys</i><br><br><b>HS Basketball Pick Up</b><br>7:30 PM - 8:30 PM   9 <sup>th</sup> Grade + | <b>Bootcamp Cardio</b><br>3:30 PM - 4:15 PM   8 <sup>th</sup> Grade<br><br><b>Shining Soccer Stars</b><br>4:30 PM - 5:30 PM   12 years old+<br>9/17 - 10/29 |
| Me'ever Leadership Program | <b>SUNDAY</b><br><b>Learning Sessions</b><br>10:00 AM - 12:30 PM   9 <sup>th</sup> Grade  | <div>Become part of the Me'ever Youth Movement!</div> <div>Contact Zev to learn more</div> <div>zev@meveryouth.org<br/>347-761-1103</div>   |   | <b>Hack-a-thon</b><br>5:30 PM - 6:30 PM   9 <sup>th</sup> Grade  |   |
| Teen Lounge                | <b>Lounge Open Hours</b><br>8:00 AM - 6:00 PM   7 <sup>th</sup> - 12 <sup>th</sup> Grade<br><br><b>Lounge Activity</b><br>6:00 PM - 8:00 PM   6 <sup>th</sup> Grade<br><br><b>Lounge Grade Hours</b><br>8:00 PM - 9:45 PM   6 <sup>th</sup> Grade | <b>Lounge Open Hours</b><br>8:00 AM - 6:00 PM   7 <sup>th</sup> - 12 <sup>th</sup> Grade<br><br><b>Lounge Activity</b><br>6:00 PM - 8:00 PM   7 <sup>th</sup> Grade<br><br><b>Lounge Grade Hours</b><br>8:00 PM - 9:45 PM   7 <sup>th</sup> Grade | <b>Lounge Open Hours</b><br>8:00 AM - 6:00 PM   7 <sup>th</sup> - 12 <sup>th</sup> Grade<br><br><b>Lounge Activity</b><br>6:00 PM - 8:00 PM   8 <sup>th</sup> Grade<br><br><b>Lounge Grade Hours</b><br>8:00 PM - 9:45 PM   8 <sup>th</sup> Grade | <b>Lounge Open Hours</b><br>8:00 AM - 6:00 PM   7 <sup>th</sup> - 12 <sup>th</sup> Grade<br><br><b>Lounge Activity</b><br>6:00 PM - 8:00 PM   9 <sup>th</sup> Grade<br><br><b>Lounge Grade Hours</b><br>8:00 PM - 9:45 PM   9 <sup>th</sup> Grade  | <b>Lounge Open Hours</b><br>8:00 AM - 4:00 PM   7 <sup>th</sup> - 12 <sup>th</sup> Grade  |

## IMPORTANT INFORMATION

- Check the website for most up to date information.
- Schedule is subject to change.
- There are currently no trials for programs.

## REGISTRATION IS OPEN!

[www.moisesafracenter.org/course](http://www.moisesafracenter.org/course)

### No Sessions:

Thursday 11/25 & Friday 11/26: Thanksgiving