




WINTER 2024 TEEN PROGRAMMING

AGES 13 - 18 | DECEMBER 4TH - MARCH 8TH

MONDAY

Ultimate Conditioning Yoga Studio 
5:00 PM - 5:45 PM | 6th - 8th Gr. | 28040


Bat Mitzvah Club Beit Midrash 4th Fl. 
5:00 PM - 6:00 PM | 6th - 7h Gr.

Teen Power Hour Fitness Center 
5:45 PM - 6:45 PM | Ages 14 - 17 | 28041

Members Only Basketball Hours | All Ages 
 10:15 AM - 3:00 PM
 6:00 PM - 10:00 PM

Teen Lounge Hours: 8:00 AM - 9:45 PM


TUESDAY

Hebrew School 
4:00 PM - 6:00 PM | 7th - 8th Gr.

Members Only Basketball Hours | All Ages 
 7:00 AM - 9:15 AM
 11:45 AM - 3:15 PM
 5:30 PM - 10:00 PM

Teen Lounge Hours: 8:00 AM - 9:45 PM


WEDNESDAY

Hip Hop & Street Jazz w/ Marie Yoga Studio 
4:45 PM - 5:35 PM | 4th - 7th Gr. | 28075

Members Only Basketball Hours | All Ages 
 7:00 AM - 2:30 PM

Teen Lounge Hours: 8:00 AM - 9:45 PM

THURSDAY

Boxing Cardio Studio 
4:00 PM - 5:00 PM | 5th - 8th Gr. | 28053

Members Only Basketball Hours | All Ages 
 7:00 AM - 3:00 PM

Teen Lounge Hours: 8:00 AM - 5:30 PM
 7:30 PM - 9:45 PM

SHABBAT

Me'ever Youth Movement 
4:00 PM - 6:00 PM | 3rd - 8th Gr.

Me'ever Leadership Program 
4:00 PM - 6:00 PM | 9th - 12th Gr.

Join the Me'ever movement!
 Contact Izzy Mark to learn more at
imark@meveryouth.org.

Open Court Hours | All Ages 
 12:00 PM - 9:45 PM

Teen Lounge Hours: 12:00 PM - 4:00 PM

SUNDAY

FOR PRIVATE BASKETBALL
 TRAINING CONTACT
 ABIE ROSOW
ABRAHAMROSOW@GMAIL.COM

Members Only Basketball Hours | All Ages 
 1:00 PM - 8:00 PM

Teen Lounge Hours: 8:00 AM - 8:00 PM

FRIDAY

Members Only Basketball Hours | All Ages 
 7:30 AM - 8:45 AM
 10:00 AM - 1:30 PM

Lounge Hours: 8:00 PM - 4:00 PM

JCC MACCABI SUMMER 2024! AUG. 4TH - 9TH

Experience the JCC Maccabi magic with the Moise Safra Center!

Join local athletes as part of our team for this once-in-a-lifetime experience! More than 1,800 participants from around the world will travel to Houston to compete in a week-long athletic competition against Jewish teens from all over the world!

Must be 12 - 16 years old by the time of the games.

- | | | | |
|-------------------|-------------------|----------------------|--------------------|
| Basketball | Volleyball | Flag Football | Swimming |
| Soccer | Tennis | Dance | & More! |

For more information visit our website or contact Natasha Valk

JOIN THE ME'EVER YOUTH MOVEMENT!

Through immersive experiences, engaging activities, and expert mentorship, we empower teens to build self-confidence, explore passions, and establish a strong connection to Jewish and Zionist values. Become a leader of your generation!



Scan QR Code to join our **Teen Programming WhatsApp Chat** to stay up to date on teen events and programs!



CONTACT US!

Interested in bringing in a new program? Reach out to Natasha Valk at nvalk@moisesafracenter.org