



# WINTER 2024 POOL AND SWIM SCHEDULE

## DECEMBER 4TH - MARCH 8TH

### MONDAY

#### Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

#### Open Swim

3:00 PM - 7:00 PM | All Ages

### TUESDAY

#### Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

#### Open Swim

3:00 PM - 7:00 PM | All Ages

#### Semi-Private

L1 | 3:00 PM - 3:45 PM | 28013

L1 | 3:45 PM - 4:30 PM | 28105

L2 | 3:45 PM - 4:30 PM | 28106

L1 | 4:30 PM - 5:15 PM | 28107

L2 | 4:30 PM - 5:15 PM | 28108

L2 | 5:15 PM - 6:00 PM | 28109

#### Private Lesson

3:00 PM - 3:45 PM | 28104

#### Group Lesson

L 4/5 | 5:15 PM - 6:00 PM | 28113

### WEDNESDAY

#### Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

#### Open Swim

3:00 PM - 7:00 PM | All Ages

### THURSDAY

CLASSES BEGIN 12/14

#### Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

#### Open Swim

3:00 PM - 7:00 PM | All Ages

#### Semi-Private

L1 | 3:00 PM - 3:45 PM | 28115

L1 | 3:45 PM - 4:30 PM | 28116

L2 | 3:45 PM - 4:30 PM | 28117

L1 | 4:30 PM - 5:15 PM | 28118

L2 | 4:30 PM - 5:15 PM | 28119

L2 | 5:15 PM - 6:00 PM | 28120

#### Private Lesson

3:00 PM - 3:45 PM | 28114

#### Group Lesson

L 4/5 | 5:15 PM - 6:00 PM | 28121

### SUNDAY

#### Lap Swim

8:00 AM - 4:00 PM | All Ages

#### Open Swim

10:15 AM - 4:00 PM | All Ages

#### Daddy & Me Swim

10:00 AM - 10:30 AM | 28059

#### Semi-Private

L2 | 10:00 AM - 10:30 AM | 28060

L1 | 10:30 AM - 11:15 AM | 28061

L2 | 10:30 AM - 11:15 AM | 28063

L1 | 11:15 AM - 12:00 PM | 28093

L1 | 12:00 PM - 12:45 PM | 28097

L2 | 12:00 PM - 12:45 PM | 28098

L1 | 12:45 PM - 1:30 PM | 28099

L2 | 1:30 PM - 2:15 PM | 28100

#### Group Lesson

L3 | 11:15 PM - 12:00 PM | 28096

L3 | 1:30 PM - 2:15 PM | 28101

#### Private Lesson

12:45 PM - 1:30 PM | 28102

### FRIDAY

#### Lap Swim

6:30 AM - 3:00 PM | All Ages

#### Open Swim

11:00 AM - 3:00 PM | All Ages

Registration for swim classes will open for members on **November 13th, 2023**

[www.moisesafracenter.org/calendar](http://www.moisesafracenter.org/calendar)

- The schedule is subject to change
- Check the website for the most up-to-date information
- There are currently no trials for programs
- There are no credits or refunds - Full credit & refund policy on the back of the schedule
- Please check your email confirmation for the exact dates of each program
- **In order to run our programs, a certain number of registrants is required. If this number is not met, The Moise Safra Center retains the right to cancel class up to 5 business days before the start date.**

## INFO

### MEMBERS ONLY OPEN AND LAP SWIM



Scan the QR Code for lap and open swim registration or visit <https://moisesafracenter.org/programs/swimreservation>

### CONTACT US!

For questions about booking **private or semi-private swim lessons** for your child email [swim@moisesafracenter.org](mailto:swim@moisesafracenter.org)

# WINTER 2024 POOL AND SWIM SCHEDULE

## DECEMBER 4TH - MARCH 8TH



### NO SESSIONS

Sunday, December 24th - Early Closure at 3 PM - Christmas Eve  
 Monday, December 25th - Christmas Day  
 Sunday, December 31st - Early Closure at 3 PM - New Year's Eve  
 Monday, January 1st - New Year's Day  
 Monday, January 15th - Martin Luther King Jr. Day  
 Monday, February 19th - Presidents' Day

### CLASSES

**Private:** 1 Kid / Instructor  
**Semi-Private:** 2 Kids / Instructor  
**Group Lessons:** 4 Kids / Instructor

### Group Lessons

- Small group lessons have three to four swimmers in a group.
- Swimmers are matched up by age and ability.
- These groups are ideal for swimmers ages four and up, who could swim a small distance on their own

### Semi-Private Lessons

- Semi-private lessons are one-on-two between one instructor and two swimmers.
- Semi-private lessons are appropriate for children ages three to six who are being introduced to the fundamentals of swimming.
- Semi-private lessons are also perfect for couples, friends, and/or siblings learning at similar levels.

### Level 1

- Introduction to safety in and around the pool
- Water adjustment
- Blowing bubbles
- Walking independently around the pool
- Front float (supported by instructor)
- Back float (supported by instructor)

### Level 2

- Head and face underwater
- Independent front float
- Independent front float with kicking
- Independent back float
- Independent back float with kicking
- Assisted jump
- Superman/Superwoman

### Level 3

- Beginning freestyle
- Beginning breaststroke
- Coordinated elementary backstroke
- Underwater swim
- Surface dives
- Introduction to treading
- Introduction to butterfly

### Level 4/5

- Coordinated freestyle
- Coordinated backstroke
- Coordinated breaststroke
- Beginning sidestroke
- Beginning butterfly
- Beginning diving
- Treading water — 30 seconds

### CREDIT & REFUND POLICY

- If you cancel before classes start you get a full refund, however if you cancel 5 days or less before the first day of class, you get a full refund minus a \$15 cancellation fee (as long as the class reaches the minimum number of children to run the program. If we are under the minimum there is no refund—please refer to programming team to find out minimum class numbers)
- If you cancel after the first\* class (but before the second), you will receive a refund minus the first class and a \$15 cancellation fee
- If you cancel after the second class (but before the third), you will receive a credit minus the first and second class and a \$15 cancellation fee
- If you cancel after the third class, you will not be refunded or credited at all.

\*the first class refers to when the member registers for a class, not the registration open date (e.g. if they signed up for a class after the semester has already started).

There are no makeup classes and no exceptions to this policy.

Please visit [www.moisesafracenter.org](http://www.moisesafracenter.org) for more details