



SPRING 2024 POOL AND SWIM SCHEDULE

MARCH 11TH - JUNE 7TH

MONDAY

Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

Open Swim

3:00 PM - 7:00 PM | All Ages

TUESDAY

Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

Open Swim

3:00 PM - 7:00 PM | All Ages

Semi-Private

L1 | 3:45 PM - 4:30 PM | 30697

L2 | 4:30 PM - 5:15 PM | 30698

L2 | 5:15 PM - 6:00 PM | 30699

Private Lesson

3:00 PM - 3:45 PM | 30696

WEDNESDAY

Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

Open Swim

3:00 PM - 7:00 PM | All Ages

THURSDAY

Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

Open Swim

3:00 PM - 7:00 PM | All Ages

Semi-Private

L1 | 3:00 PM - 3:45 PM | 30700

L1 | 3:45 PM - 4:30 PM | 30701

L2 | 4:30 PM - 5:15 PM | 30702

L2 | 5:15 PM - 6:00 PM | 30703

SUNDAY

Lap Swim

8:00 AM - 4:00 PM | All Ages

Open Swim

10:15 AM - 4:00 PM | All Ages

Water Babies Parent or adult required to attend

10:00 AM - 10:30 AM | 30680

Semi-Private

L2 | 10:00 AM - 10:30 AM | 30681

L1 | 10:30 AM - 11:15 AM | 30682

L2 | 10:30 AM - 11:15 AM | 30683

L1 | 11:15 AM - 12:00 PM | 30684

L1 | 12:00 PM - 12:45 PM | 30688

L2 | 12:00 PM - 12:45 PM | 30690

L1 | 12:45 PM - 1:30 PM | 30691

L1 | 1:30 PM - 2:15 PM | 30695

L2 | 1:30 PM - 2:15 PM | 30694

Private Lesson

11:15 AM - 12:00 PM | 30686

12:45 PM - 1:30 PM | 30692

FRIDAY

Lap Swim

6:30 AM - 3:00 PM | All Ages

Open Swim

11:00 AM - 3:00 PM | All Ages

To book private or group swim lessons reach out to swim@moisesafracenter.org!

Registration for swim classes will open for members on **February 14th, 2024**

www.moisesafracenter.org/calendar

- The schedule is subject to change
- Check the website for the most up-to-date information
- There are currently no trials for programs
- There are no credits or refunds - Full credit & refund policy on the back of the schedule
- Please check your email confirmation for the exact dates of each program
- **In order to run our programs, a certain number of registrants is required. If this number is not met, The Moise Safra Center retains the right to cancel class up to 5 business days before the start date.**

INFO

MEMBERS ONLY
OPEN AND LAP SWIM



Scan the QR Code for lap and open swim registration or visit <https://moisesafracenter.org/programs/swimreservation>

SPRING 2024 POOL AND SWIM SCHEDULE

MARCH 11TH - JUNE 7TH



NO SESSIONS

Sunday, March 24th - Purim
 Monday, April 22nd - Erev Passover - Early Closure
 Tuesday, April 23rd - Passover Day 1
 Wednesday, April 24th - Passover Day 2
 Monday, April, 29th - Passover Day 7
 Tuesday, April 30th - Passover Day 8
 Sunday, May 26th - Memorial Day Weekend
 Monday, May 27th - Memorial Day

CLASSES

Private: 1 Kid / Instructor
Semi-Private: 2 Kids / Instructor
Group Lessons: 4 Kids / Instructor

CONTACT US!

For questions about swim lessons or open and lap swim please email swim@moisesafracenter.org

Group Lessons

- Small group lessons have three to four swimmers in a group.
- Swimmers are matched up by age and ability.
- These groups are ideal for swimmers ages four and up, who could swim a small distance on their own

Semi-Private Lessons

- Semi-private lessons are one-on-two between one instructor and two swimmers.
- Semi-private lessons are appropriate for children ages three to six who are being introduced to the fundamentals of swimming.
- Semi-private lessons are also perfect for couples, friends, and/or siblings learning at similar levels.

Level 1

- Introduction to safety in and around the pool
- Water adjustment
- Blowing bubbles
- Walking independently around the pool
- Front float (supported by instructor)
- Back float (supported by instructor)

Level 2

- Head and face underwater
- Independent front float
- Independent front float with kicking
- Independent back float
- Independent back float with kicking
- Assisted jump
- Superman/Superwoman

Level 3

- Beginning freestyle
- Beginning breaststroke
- Coordinated elementary backstroke
- Underwater swim
- Surface dives
- Introduction to treading
- Introduction to butterfly

Level 4/5

- Coordinated freestyle
- Coordinated backstroke
- Coordinated breaststroke
- Beginning sidestroke
- Beginning butterfly
- Beginning diving
- Treading water — 30 seconds

CREDIT & REFUND POLICY

- If you cancel before classes start you get a full refund, however if you cancel 5 days or less before the first day of class, you get a full refund minus a \$15 cancellation fee (as long as the class reaches the minimum number of children to run the program. If we are under the minimum there is no refund—please refer to programming team to find out minimum class numbers)
- If you cancel after the first* class (but before the second), you will receive a refund minus the first class and a \$15 cancellation fee
- If you cancel after the second class (but before the third), you will receive a credit minus the first and second class and a \$15 cancellation fee
- If you cancel after the third class, you will not be refunded or credited at all.

*The first class refers to when the member registers for a class, not the registration open date (e.g. if they signed up for a class after the semester has already started).

There are no makeup classes and no exceptions to this policy.

Please visit www.moisesafracenter.org for more details