



SUMMER 2024 **POOL AND SWIM** SCHEDULE

AGES 0-4 | JUNE 17 TH - AUGUST 30TH

MONDAY

Lap Swim

6:30 AM - 10:30 AM | All Ages

Lap Swim

3:00 PM - 7:00 PM | All Ages

Open Swim

3:00 PM - 7:00 PM | All Ages

TUESDAY

Lap Swim

6:30 AM - 10:30 AM | All Ages

Lap Swim

3:00 PM - 7:00 PM | All Ages

Open Swim

3:00 PM - 7:00 PM | All Ages

Semi-Private

3:15 PM - 3:45 PM | 34546

4:15 PM - 5:00 PM | 34547

5:00 PM - 5:45 PM | 34548

Private Lesson

2:45 PM - 3:15 PM | 34549

3:45 PM - 4:15 PM | 34550

Can't find a swim class time that works for you? Contact us at swim@moisesafracenter.org

WEDNESDAY

Lap Swim

6:30 AM - 10:30 AM | All Ages

3:00 PM - 7:00 PM | All Ages

Open Swim

3:00 PM - 7:00 PM | All Ages

THURSDAY

Lap Swim

6:30 AM - 10:30 AM | All Ages

Lap Swim

3:00 PM - 7:00 PM | All Ages

Open Swim

3:00 PM - 7:00 PM | All Ages

FRIDAY

Lap Swim

6:30 AM - 3:00 PM | All Ages

Open Swim

11:00 AM - 3:00 PM | All Ages

SUNDAY

Lap Swim

8:00 AM - 4:00 PM | All Ages

Open Swim

10:15 AM - 4:00 PM | All Ages

INFO

Registration for Members Opens
May 20th, 2024

Registration for Approved Non - Members Opens
June 3rd, 2024

Contact the concierge for registration assistance

www.moisesafracenter.org/calendar

- The schedule is subject to change
- Check the website for the most up-to-date information
- There are currently no trials for programs
- There are no credits or refunds - Full credit & refund policy on the back of the schedule
- Please check your email confirmation for the exact dates of each program
- **The Moise Safra Center has the right to cancel a program due to insufficient registration. Programs that do not meet minimum enrollment requirements will not run and any who have enrolled will be contacted and provided with options to enroll in alternative programs or receive a full credit/refund.**

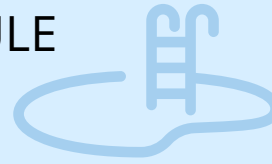
MEMBERS ONLY
OPEN AND LAP SWIM



Scan the QR Code for lap and open swim registration or visit <https://moisesafracenter.org/programs/swimreservation>

SUMMER 2024 POOL AND SWIM SCHEDULE

AGES 0-4 | JUNE 17 TH - AUGUST 30TH



NO SESSIONS

Thursday, July 4th - Independence Day
 Friday, July 5th - Independence Day Weekend
 Tuesday, August 13th - Tisha B'Av Fast

CLASSES

Private: 1 Kid / Instructor
Semi-Private: 2 Kids / Instructor
Group Lessons: 4 Kids / Instructor

CONTACT US!

For questions about swim lessons or open and lap swim please email swim@moisesafracenter.org

Group Lessons

- Small group lessons have three to four swimmers in a group.
- Swimmers are matched up by age and ability.
- These groups are ideal for swimmers ages four and up, who could swim a small distance on their own

Semi-Private Lessons

- Semi-private lessons are one-on-two between one instructor and two swimmers.
- Semi-private lessons are appropriate for children ages three to six who are being introduced to the fundamentals of swimming.
- Semi-private lessons are also perfect for couples, friends, and/or siblings learning at similar levels.

Level 1

- Introduction to safety in and around the pool
- Water adjustment
- Blowing bubbles
- Walking independently around the pool
- Front float (supported by instructor)
- Back float (supported by instructor)

Level 2

- Head and face underwater
- Independent front float
- Independent front float with kicking
- Independent back float
- Independent back float with kicking
- Assisted jump
- Superman/Superwoman

Level 3

- Beginning freestyle
- Beginning breaststroke
- Coordinated elementary backstroke
- Underwater swim
- Surface dives
- Introduction to treading
- Introduction to butterfly

Level 4/5

- Coordinated freestyle
- Coordinated backstroke
- Coordinated breaststroke
- Beginning sidestroke
- Beginning butterfly
- Beginning diving
- Treading water — 30 seconds

CREDIT & REFUND POLICY

- If you cancel before classes start you get a full refund, however if you cancel 5 days or less before the first day of class, you get a full refund minus a \$15 cancellation fee (as long as the class reaches the minimum number of children to run the program. If we are under the minimum there is no refund—please refer to programming team to find out minimum class numbers)
- If you cancel after the first* class (but before the second), you will receive a refund minus the first class and a \$15 cancellation fee
- If you cancel after the second class (but before the third), you will receive a credit minus the first and second class and a \$15 cancellation fee
- If you cancel after the third class, you will not be refunded or credited at all.

*The first class refers to when the member registers for a class, not the registration open date (e.g. if they signed up for a class after the semester has already started).

There are no makeup classes and no exceptions to this policy.